



## Every Student Thriving

23 May 2025

Dear parent/carers,

**The new Head Student team** has been announced for 2025/2026. The five Year 12 students selected spoke with authenticity and passion for leading the student community - they are full of ambition and commitment to improving the experience of students both current and future. We very much look forward to seeing them represent the school in many ways during their tenure. Congratulations to George, Ethan, Joely, Luke and Ilsa.



If you haven't already picked up the communication we are **now consulting** with all stakeholders regarding the next three year school development plan and we'd love to hear your views. If you would like to contribute then the relevant form is [HERE](#).

The weather is changing and with it comes new challenges. I would like to bring your attention to two in particular. **Number one is water.** Students need to remain hydrated but need to be organised in order to do so. There are many breaks during the school day during which water can be replenished so we make it a policy that students should not be released from lessons to fill their water bottles. **Secondly is skirt length.** The majority of students wear their skirts in an appropriate fashion however a small number of students actively flaunt these rules by turning up their skirts in order to shorten them. We have had some complaints from the public that back up our own observations and we will be actively addressing this issue after half-term. Skirts must not be rolled up and should be worn at the intended length - please support us by perhaps checking yourselves as parents before students leave for school .

I've been impressed with our students' desire to aspire so far during the planned revision schedule . We have had fewer students who have struggled with the change in timetabling and many more seizing the opportunity to actively revise . Year 11 sessions continue after half-term and our expectation is that these be attended so that subject specialists can continue to prepare and enhance performance accordingly .

Have a great half-term - Mr Brierly

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# REMINDERS & NOTICES

### DATES FOR YOUR DIARY

<b>End of half-term</b>	-	23 May
<b>Return to school</b>	-	2 June
<b>Year 10 MFL support evening</b>	-	3 June
<b>PGL Parents evening</b>	-	11 June
<b>FOCUS week</b>	-	23 -27 June
<b>Year 12 Induction Day</b>	-	4 July

### CAREERS

#### Work Experience

We still have a number of our year 10 students looking for a work experience placement for 23rd-27th June. If you are able to offer a placement please contact Mrs Sinacore, our careers adviser at [wex@johncolet.co.uk](mailto:wex@johncolet.co.uk), we are particularly keen to find placements in construction, carpentry or sports related roles.

### CURRENT VACANCIES

- Cover Supervisor
- Geography / Business Studies teacher

Please check our website for further details [here](#).

### SAFEGUARDING LEADS & INFORMATION

If parents have any concerns about this practice or, believe that any young person at John Colet School might be at risk, then please do contact one of the members of our Safeguarding Team via - [safeguarding@johncolet.co.uk](mailto:safeguarding@johncolet.co.uk)

### YEAR 12 INDUCTION DAY - 4 JULY

Year 11 students who have accepted their conditional offer to JCS Sixth Form are invited to our Sixth Form Induction Day on Friday 4 July. During this day students will find out about life in the sixth form, try taster lessons in their chosen subjects and discover more about the careers and next step opportunities that we offer. Students will be sent more information on the day by email over the next few weeks.



**Every Student Thriving**

Year 12 Induction Day at  
John Colet School



**SAVE  
THE DATE**

**Friday 4 July 2025**

Conditional offer holders are invited to  
spend the day at JCS  
8:30am–2:30pm

**TASTER  
LESSONS**

**MEET THE  
TEAM**

**MAKE NEW  
FRIENDS**

**TALK TO  
STUDENTS**

More info to follow!

**#GrowingLeaders**

PARENT SUPPORT : Click [HERE](#) for practical tips

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## Every Student Thriving

# What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

### WHAT ARE THE RISKS?

#### MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'laugh off' violent content to fit in with friends, even when they find it distressing.

#### BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

#### ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

#### DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

#### HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

#### DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

## Advice for Parents & Educators

#### CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

#### KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is [reportharmfulcontent.com](http://reportharmfulcontent.com).

#### AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

#### UNDERSTAND TECH AND TRAUMA

Older children may already know how to block accounts or avoid triggering content. Help younger or more vulnerable children learn these tools and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

### Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit [onlinemedialawuk.com](http://onlinemedialawuk.com) for more.



#WakeUpWednesday

The National College

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## Every Student Thriving



Dear parents and carers,

Some of the toughest problems we face as families are the ones that make daily life difficult. If you have a child who suffers from allergies, however mild or severe, you'll recognise the feeling of second-guessing everyday activities and unfamiliar situations that might expose them to discomfort or risk.

Managing allergies starts with being informed and prepared. Understanding how they develop, what triggers them, the risks for your child, and the best approaches to treatment and prevention can make a big difference. It also helps to support your child in learning how to manage their allergy independently.

Tooled Up's go-to expert on allergies, Professor Adam Fox, is one of the world's leading specialists in paediatric allergy. In our most recent live Q&A [Ask Professor Adam Fox Anything About Allergies](#), he addressed a wide range of topics from food allergies to hay fever, testing and medication.

You can hear more from Professor Adam Fox in our three previous live webinars. One standout session, [Allergies and Asthma](#), explores the connection between allergies, asthma and eczema, and covers key topics such as steroid use, diet, desensitisation and various treatment options.

If you're looking to reassure your child and help make allergies feel more normal within the family, our curated list of [Books to Support Children with Allergies](#) showcases a range of engaging, relatable titles featuring characters navigating similar challenges.



Allergy Q&A with Professor Adam Fox



Allergies and Asthma



Books to Support Children with Allergies

COMMUNITY SUPPORT / ACTIVITIES

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# Every Student Thriving



## The Parent's Portal – a free online support tool for Buckinghamshire parents

To provide early help and guidance and an online community of support, Buckinghamshire Council have partnered with specialist local charity Autism Early Support, to offer parents unlimited access to The Parent's Portal.

This is a self-guided learning tool, designed for parents of children aged 2-17 years who:

- Have noticed differences in their child and they're exploring neurodivergence.
- Have Googled, 'is my child autistic?' or 'what is ADHD?'
- Have an autistic child(ren).
- Are awaiting a neurodevelopmental assessment.

Since its launch on 1 December 2024, nearly 700 Buckinghamshire families have signed up.



Scan the QR code to register or visit [portal.autismearlysupport.org.uk/bucks-registrations](https://portal.autismearlysupport.org.uk/bucks-registrations)

## Using the Parent's Portal

The Parent's Portal by AES is an online resource that contains:

- **Resources to watch and read** - A multimedia library of information available to view and download, available 24/7, covering topics such as reasonable adjustments to school distress, neurodiversity and SaLT, and use of medication.
- **Live workshops and parent support groups** - Interactive sessions on key topics, bookable in advance, and delivered by speakers with lived experience and professionals in the field.
- **Discussion forums** - Exchange ideas and perspectives with parents and practitioners.

### Recent feedback from parents:

**94%** of parents felt they had a better understanding on topics after attending workshops.

**82%** felt better equipped to support their child or young person.



The resources are split into four sections:

- Understanding my child
- Supporting my child with education
- Supporting my child at home
- Family relationships and sibling support

No referral is required for families to use the Parent's Portal, and registration with Autism Early Support is simple and straightforward.

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Proud to be part of

**Family Hub Network**

Buckinghamshire



## How to... Move up to Secondary School Course for year 6s

Getting ready to move up to secondary school? Not sure what to expect? Our 6-week course could help.

**We will cover:**

- what to expect at secondary school
- making friends and dealing with peer pressure
- tackling your fears and worries
- getting organised

For more information and to book your place scan the QR code.

If you need help email:  
[familyhubgroups@buckinghamshire.gov.uk](mailto:familyhubgroups@buckinghamshire.gov.uk)



Monday 9 June  
to Monday 14  
July 2025



Aylesbury  
Southcourt  
Family Centre  
Plus



4:00pm  
to  
5:00pm



SCAN ME

## COMMUNITY EVENTS



Every Student Thriving



## CRICKET COACHING MASTERCLASS

Learn from the pros and take your game to the next level

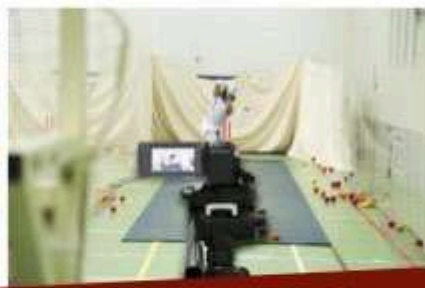
Coaches: Andy O'Connor, Numan Javid, Brenden Fourie &  
David Ripley (All Level III or IV with First Class Playing Experience)



## Specialist 121 & Net Coaching

28<sup>th</sup> – 30<sup>th</sup> May (hour slots from 9.30am)

From £55 per session @ Stowe School



All abilities catered for. For more information and to book, please email  
[info@cricketcoachingmasterclass.co.uk](mailto:info@cricketcoachingmasterclass.co.uk)

[www.cricketcoachingmasterclass.co.uk](http://www.cricketcoachingmasterclass.co.uk)

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Going Further

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**Every Student Thriving**



We've entered this year's Best Kept Village competition, and judging is just around the corner!

# **WENDOVER HAS BEEN ENTERED!**

**JUDGING TAKES PLACE  
1ST JUNE – 14TH JULY**

**Want to get involved?**

If you have any ideas or would like to borrow our litter pickers to help keep Wendover beautiful, please get in touch:

[estates@wendover-pc.gov.uk](mailto:estates@wendover-pc.gov.uk)



**Find out more:**

Visit our website to view the marking schedule and see what the judges will be looking for

[www.wendover-pc.gov.uk/best-kept-village](http://www.wendover-pc.gov.uk/best-kept-village)



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Every Student Thriving



**WheelPower**

British Wheelchair Sport

25K,  
75K, 110K  
Routes

**Bucks radio**

**Tour  
de  
Vale**

**Charity  
Bike Ride**

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Online Now



**CHIP  
TIMING**

**Sunday 8th June 2025**

**Stoke Mandeville Stadium**

[tourdevale.com](http://tourdevale.com)

[info@tourdevale.com](mailto:info@tourdevale.com)

01296 395995



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## Every Student Thriving



### **Advanced Notice**

#### **New Car Park Management Scheme at Wendover Health Centre**

**Start Date: TBC – notification to follow with confirmed date**

Wendover Health Centre will shortly be introducing a new car park management system following feedback from patients about the difficulties finding parking when visiting the surgery. Many patients have experienced delays or have been forced to park off-site due to the lack of available car parking spaces.

We are making this change to improve parking availability for visitors to the surgery, who will be able to park for free by entering their vehicle registration upon arrival.

The car park will be managed by an external company, car park management experts, Parkingeye. Westongrove will not be receiving any profit from this arrangement.

We recognise that finding parking can be difficult in the areas surrounding the surgery. Therefore, to support the local community, we have agreed with Parkingeye to open the car park during the weekend for a small nominal fee.

This fee will need to be paid on arrival to the car park through the Evology Parking app, which can be downloaded through both the Google and Apple app stores.

The car park will be open to the public from 07:30 am on Saturday to 07:30 am on Monday. Any vehicles still parked on-site after 07:30 am on Monday, without a valid exemption, will be subject to a fine.

We appreciate your understanding and cooperation as we work to improve access to our services for our patients.